**COURSE SPECIFICATION**

**Name of institution**  Mahidol University

**Campus/faculty/department** Faculty of Social Sciences and Humanities

**Section 1 General Information**

1. **Course code and course title**

Thai สมมน ๑๘๘ มนุษยสัมพันธ์กับการพัฒนาตน

English SHHU 188 Human Relations and Self Development

1. **Number of credit**  2 (2-0-4)

(lecture – practice – self-study)

1. **Curriculum and type of subject**

3.1 Curriculum For international undergraduate programme

3.2 Type of Subject General Education

3.3 Course’s Literacy

 MU Literacy (Core Values, SEP, GE for Human Development)

 Health Literacy (Health, Sport)

 Digital Literacy (ICT, Applied Mathematics)

🗹 Social and Humanity Literacy (Social, Humanity, Law, Ethics, Arts)

 Communication Literacy (language, Academic Communication)

 Science and Environmental Literacy (Applied Science for Life, Environmental Responsibility)

 Finance and Management Literacy (Finance, Management, Entrepreneur)

3.4 Relationship between course and organizational values (specify)

🗌 M - Mastery

🗹 A - Altruism

🗹 H - Harmony

🗹 I - Integrity

🗌 D - Determination

🗌 O - Originality

🗌 L - Leadership

1. **Responsible faculty member**

**Course Director**

* Assoc Prof Dr Pagorn Singsuriya

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* Asst Prof Boonwadi Montrikul Na Ayuthaya

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* Lect Dr Piyanat Prathomwong

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* Lect Dr Sumana Leelvanichkul

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**Instructor**

* Assoc Prof Dr Pagorn Singsuriya
* Asst Prof Boonwadi Montrikul Na Ayuthaya
* Lect Dr Piyanat Prathomwong
* Lect Dr Sumana Leelvanichkul
* Lect Worapong Charoenwong

**5. Semester / Year of Study**  Semester 1 and 2 / Every year of study

**6. Number of Students** 40

**7. Pre-requisite** None

**8. Co-requisites** None

**9. Venue**  Faculty of Social Sciences and Humanities

**10. Date of Latest Revision** 20February 2019

**Section 2 Goals and Objectives**

**1. Goals**

Students have knowledge, understanding, and abilities to explore and develop oneself, others, interpersonal and group relationship. Students are able to work with other persons and collaborate in teamwork on the basis of respect and cultural awareness.

**2. Objectives**

**2.1 Objectives**

After successful completion of this course, students will

2.1.1 Have knowledge and understanding on

• Meaning and scope of human relations;

• Self-esteem and self-confidence;

• Positive thinking and coping with stress;

• Understanding of individual differences;

• Interpersonal communication;

• Provision of guidance for others;

• Teamwork;

• Cross-cultural relationship;

• Ethics in interpersonal and group relationship;

2.1.2 Be able to explore and develop oneself and relationship with others by using principles of human relations;

2.1.3 Be able to display ethical behavior in interpersonal and group relationship;

2.1.4 Be able to effective and successfully work as a team.

**2.2 Course Learning Outcomes**

|  |  |
| --- | --- |
| CLO 1 | Explain meaning and scope of human relations; self-esteem and self-confidence; positive thinking and coping with stress; understanding of individual differences; interpersonal communication; provision of guidance for others; teamwork; cross-cultural relationship; ethics in interpersonal and group relationship. |
| CLO 2 | Analyze own situations and apply human relations principles to develop oneself, others, interpersonal and group relation in ways that correspond to principles and respond to situations. |
| CLO 3 | Communicate with others on the basis of ethical and cultural awareness. |
| CLO 4 | Collaborate with others in teamwork respectfully. |

**Section 3 Course Management**

1. **Course descriptions**

Meaning and scope of human relations; self-esteem and self-confidence; positive thinking and coping with stress; understanding of individual differences; interpersonal communication; provision of guidance for others; teamwork; cross-cultural relationship; ethics in interpersonal and group relationship

ความหมายและขอบเขตของมนุษยสัมพันธ์ ความรู้สึกมีคุณค่าในตนเองและความมั่นใจในตนเอง การคิดเชิงบวกและการรับมือความเครียด ความเข้าใจความแตกต่างระหว่างบุคคล การสื่อสารระหว่างบุคคล การให้คำปรึกษาชี้แนะแก่ผู้อื่น การทำงานเป็นทีม ความสัมพันธ์ระหว่างวัฒนธรรม จริยธรรมในความสัมพันธ์ระหว่างบุคคลและกลุ่ม

1. **Credit hours / Semester**

|  |  |  |
| --- | --- | --- |
| **Lecture**  **(Hour)** | **Laboratory/field trip/internship**  **(Hour)** | **Self study**  **(Hour)** |
| 30 Hours  (2 Hours x 15 Weeks) |  | 60 Hours  (4 Hours x 15 Weeks) |

**3. Number of hours that the lecturer provides individual counseling and guidance**

3.1 An advisory schedule is announced through different channels.

3.2 One hour per week is allocated to an individual or group of students who makes a request.

3.3 An appointment is made in advance by student.

**Section 4 Development of Students’ Learning Outcome**

1. **Expected outcome on students’ skill and knowledge**

After successful completion of this course, students will be able to

|  |  |
| --- | --- |
| CLO 1 | Explain meaning and scope of human relations; self-esteem and self-confidence; positive thinking and coping with stress; understanding of individual differences; interpersonal communication; provision of guidance for others; teamwork; cross-cultural relationship; ethics in interpersonal and group relationship. |
| CLO 2 | Analyze own situations and apply human relations principles to develop oneself, others, interpersonal and group relation in ways that correspond to principles and respond to situations. |
| CLO 3 | Communicate with others on the basis of ethical and cultural awareness. |
| CLO 4 | Collaborate with others in teamwork respectfully. |

**2. Teaching and Evaluation Methods**

|  | **Teaching methods** | **Evaluation methods** |
| --- | --- | --- |
| **CLO 1** | Interactional Lecture  Group Activity  Group Discussion | Individual Exercise  Group Exercise  Observation of Behavior in Group Activity  Final Examination |
| **CLO 2** | Interactional Lecture  Group Activity  Group Discussion | Individual Exercise  Group Exercise  Observation of Behavior in Group Activity  Final Examination |
| **CLO 3** | Interactional Lecture  Group Activity  Group Discussion | Individual Exercise  Group Exercise  Observation of Behavior in Group Activity  Final Examination |
| **CLO 4** | Interactional Lecture  Project  Presentation | Observation of Behavior in Group Activity  Evaluation of Result from Group Work  Evaluation of Project  Evaluation of Presentation |

**Section 5 Teaching and Assessment Plans**

**1. Teaching Plan**

| **Weeks** | **Topics** | **Hours** | | **Teaching methods** | **Instructors** |
| --- | --- | --- | --- | --- | --- |
| **Class** | **Practice** |
| **1.** | Meaning and scope of human relations | 2 | 0 | Interactional Lecture  Group Discussion on the topic: When we gently change some of our own ideas, our relationships improve automatically – Agree vs. Disagree | Instructions from the Department of Humanities |
| **2.** | Self-esteem and self-confidence | 2 | 0 | Interactional Lecture  Group Discussion on the question: who do you think you are? |
| **3.** | Self-esteem and self-confidence | 2 | 0 | Interactional Lecture  Group Discussion on the question: who is perfect?  Assign Project |
| **4.** | Positive thinking and coping with stress | 2 | 0 | Interactional Lecture  Group Discussion on the question: how positive thinking shapes your subconscious? |
| **5.** | Positive thinking and coping with stress | 2 | 0 | Interactional Lecture  Group Discussion on Thought reaps results |
| **6.** | Understanding of individual differences | 2 | 0 | Interactional Lecture  Group Discussion on “Finding things in common” |
| **7.** | Interpersonal communication | 2 | 0 | Interactional Lecture  Group Activity: learning through communicating game |
| **8.** | Guidance for others | 2 | 0 | Interactional Lecture  Group Activity  Group Discussion on the value of compliments |
| **9.** | Teamwork | 2 | 0 | Interactional Lecture  Group Activity: learning by playing games |
| **10.** | Teamwork | 2 | 0 | Interactional Lecture  Group Discussion on learning from your mistake |
| **11.** | Cross-cultural relationship | 2 | 0 | Interactional Lecture  Group Discussion on life-sharing experience in different cultural settings |
| **12.** | Ethics in interpersonal and group relationship | 2 | 0 | Interactional Lecture  Group Discussion on the YouTube video clips of “Ethic in group relationship” |
| **13.** | Ethics in interpersonal and group relationship | 2 | 0 | Interactional Lecture  Group role plays on ethics in relationship |
| **14.** | Presentation | 2 | 0 | Presentation  group projects |
| **15.** | Conclusion | 2 | 0 | Interactional Lecture  Group Discussion on expectations in a friendship |  |
| **16.** | Final Exam |  |  |  |  |

**2. Assessment Plans**

**2.1 Assessment of Learning Outcomes**

**A Formative Assessment**

Questioning students in class

Lessons/Exercises

Observation of students’ behavior

**B Summative Assessment**

**(1) Methods and Weights**

| **Learning Outcomes** | | **Methods of Assessment** | **Weights (%)** | |
| --- | --- | --- | --- | --- |
| CLO 1 | Explain meaning and scope of human relations; self-esteem and self-confidence; positive thinking and coping with stress; understanding of individual differences; interpersonal communication; provision of guidance for others; teamwork; cross-cultural relationship; ethics in interpersonal and group relationship. | Individual Exercise  Group Exercise  Observation of Behavior in Group Activity  Final Examination | 5  5  5  15 | 30 |
| CLO 2 | Analyze own situations and apply human relations principles to develop oneself, others, interpersonal and group relation in ways that correspond to principles and respond to situations. | Individual Exercise  Group Exercise  Observation of Behavior in Group Activity  Final Examination | 10  10  5  10 | 35 |
| CLO 3 | Communicate with others on the basis of ethical and cultural awareness. | Observation of Behavior in Group Activity  Evaluation of Project  Evaluation of Presentation  Final Examination | 5  5  5  5 | 20 |
| CLO 4 | Collaborate with others in teamwork respectfully. | Observation of Behavior in Group Activity  Evaluation of Project  Evaluation of Presentation | 5  5  5 | 15 |
| Total | |  | | 100 |

**(2) Measurement and Evaluation of Student’s Achievement**

Student’s achievement will be graded according to the faculty and university standard using the symbols: O, S and U. Students must have attended at least 80% of the total class hours of this course. Evaluation criteria are as follows.

More than 84 = O

65 - 84 = S

Less than 65 = U

**(3) Re-examination**

Students who receive a U can request a re-examination on the following conditions.

* Class attendance of less than 80% is caused by excused absence.
* Absence on the examination day can be excused.

**Section 6 Teaching Materials and Resources**

Compton, William C. (2013). *Positive psychology : The science of happiness and flourishing*. Belmont, CA : Wadsworth Cengage Learning.

DuBrin, Andrew J. (1992). *Human relations : a job oriented approach*. Englewood Cliffs, N.J. : Prentice Hall.

Levi, Daniel. (2007). *Group dynamics for teams*. Los Angeles, Calif. : Sage Publications.

Ventegodt, Soren and Merrick, Joav. (2009). Health and Happiness from Meaningful Work. New York: Nova Science Publisher.

**Section 7 Evaluation and Improvement of Course Management**

**1. Methods of Course Evaluation by Students**

1.1 Students’ evaluation of participation and cooperation by their classmates

1.2 Students’ feedbacks on

1.2.1 Course contents

1.2.2 Learning methods

1.2.3 Opportunities for course improvement

1.2.4 Overall course performance

**2. Methods of Teaching Evaluation by Students**

1. Questionnaire after completion of the course

2. Observation of students’ performance

**3. Course Improvement**

Results of the students’ evaluation are given to the course director, who will hold a meeting among the instructors to make improvement.

**4. Validation of Student’s Achievement**

The students’ achievements will be analyzed based on the criteria of learning outcomes.

**5. Validation Process and Plan for Effectiveness improvement**

A meeting is held among the instructors before a semester start.

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**Appendix**

**Agreement between CLOs และ MU-GE Module Los**

| **CLOs** | | MU-GE Los | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| MLO1 | MLO2 | MLO3 | MLO4 | MLO5 | MLO6 | MLO7 | MLO8 | MLO9 |
| CLO 1 | Explain meaning and scope of human relations; self-esteem and self-confidence; positive thinking and coping with stress; understanding of individual differences; interpersonal communication; provision of guidance for others; teamwork; cross-cultural relationship; ethics in interpersonal and group relationship. | 🗸  1.1 |  |  |  |  |  |  |  |  |
| CLO 2 | Analyze own situations and apply human relations principles to develop oneself, others, interpersonal and group relation in ways that correspond to principles and respond to situations. |  |  |  |  | 🗸  5.2 |  | 🗸  7.2 |  |  |
| CLO 3 | Communicate with others on the basis of ethical and cultural awareness. |  |  |  |  |  |  | 🗸  7.3 | 🗸  8.1 |  |
| CLO 4 | Collaborate with others in teamwork respectfully. |  |  |  |  |  |  |  |  | 🗸  9.1 9.2 |